

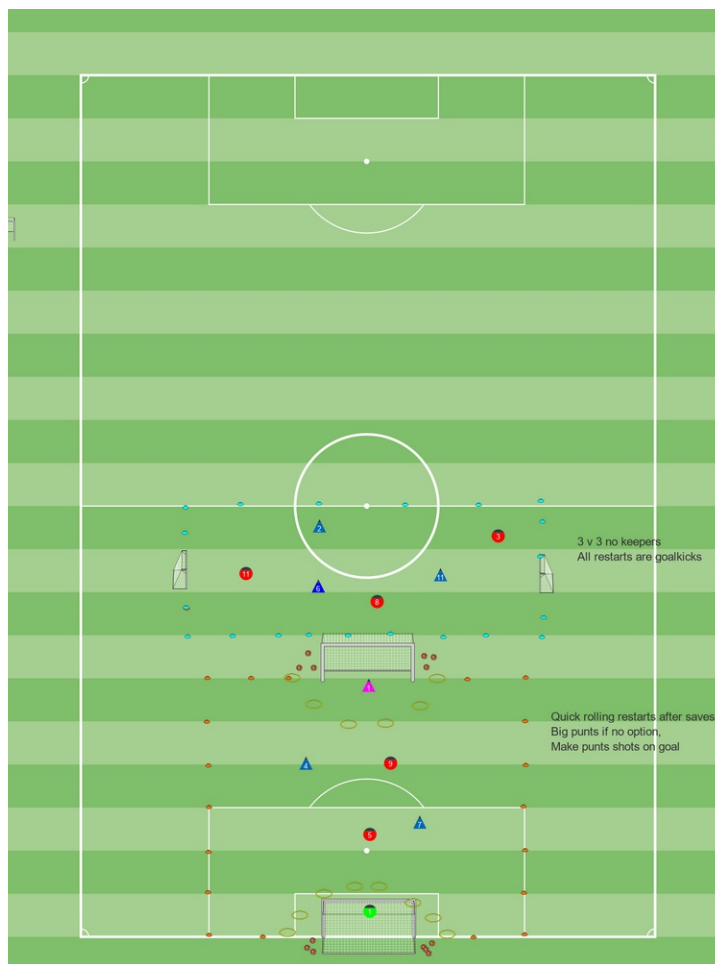
Goalkeeper Distribution Development

OBJECTIVE: Provide Outlets for goalkeepers based on their distribution preferences

PLAYER ACTIONS: Pass options, Spread out

KEY QUALITIES: Optimal physical, Responsibility

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ORGANIZATION:

Armstrong Jr. High Girls 2023 NO developed GK available for season.

KEY WORDS:

Simplify the distribution Avoid the middle Find open spaces/people

GUIDED QUESTIONS:

What is the simplest way to distribute? What can our attackers do to promote our GK success? What do we do if we are not successful in building our attack?

ANSWERS:

A quick roll to feet/ a simple throw to the side Check back, alternate turns getting open Immediate Chase and protect the goal.

NOTES:

We have learned some positioning, how to catch the ball and a little bit of communication. We however have given up over 14 goals in 3 games specifically around our inability to distribute the ball after a save.

🕒 **MOMENT:**
Attacking

👤 **AGE:**
U13+ / 11v11